



बिहार सरकार

**POSHAN  
Abhiyaan**  
PM's Overarching  
Scheme for Holistic  
Nourishment



सही पोषण - देश रोशन

# Proposed Activity for Poshan Maah, 2018

National Health Mission,  
Department of Health, Bihar

# Nutrition Interventions under National Health Mission

## Adolescent Nutrition

- Screening of Anemia under WIFS and RBSK Program at AWC & School
- Micro-nutrient supplementation
- De-worming
- Nutrition Health Education

## Maternal Nutrition

- Micro-nutrient supplementation (Iron & Folic Acid, Calcium & Deworming )during VHSND
- Nutrition Counseling at VHSND, Family Planning and IYCF Counseling Centers

## Child Nutrition

- Immunization
- Promotion of Breastfeeding and Age-appropriate complementary feeding under MAA & HBYC program
- Iron –Folic Acid Supplementation & Deworming
- Zinc Supplementation during Diarrhea
- Management of Severe Acute Malnutrition at NRCs

# Health Dept. Activity during Poshan Maah

## Joint Activity with DWCD

- Participation in Poshan Mela\*
- Participation in Community Based Events\*
- Participation in Early Childhood Care & Education Day\*(ECCE)

## Specific Activity of Health

- Screening of Anemia in Pregnant women at VHSND, PMSMA and ANCs
- Health Check of Identified Severely Underweight Children at Nearest Health Center and Refer to NRC, if required.
- Management of SAM at NRC
- Assure conduction of VHSND as per micro plan and delivery of all nutrition services
- 100 % Household visit by ASHA/ ANM focused on appropriate child feeding practices.
- Launching of Micro-nutrient Supplementation under WIFS

\* Note : Required Clear Instruction of these events with details of role of Health Department.